

“Blood Pressure Measurement for the 21st Century” Update
July 2007

Please note: When this video was produced in 2004 hypertension was estimated to affect 1 in every 4 Americans. Since that time, prevalence of high blood pressure has increased. Based on recent data, 1 in 3 Americans now has hypertension (blood pressure 140/90 or higher).

Heart Disease and Stroke Statistics-2007 Update-American Heart Association

<http://circ.ahajournals.org/cgi/content/full/CIRCULATIONAHA.106.179918>